

Thank you for your participation in the 2022 1.975 Run: Avenue for Advancement! Below you will find instructions for joining the Lambda Theta Alpha Latin Sorority, Inc. National Running Team!

Step 1: Visit 1975run.ltafoundation.org/team/LTA This will bring you to the main page for the national team.



Step 2: Click JOIN TEAM on the RIGHT side of the screen

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Step 3: Create your account by entering your email address and password. If you want to use the same account from last year's run, feel free to click log in.

Step 4: Complete your profile information.

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Step 5: Select your registration tier, enter your payment information, and click process payment. NOTE: The free tier was only for informational purposes. The only tiers available are at the \$50 and \$125 levels.

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	Registration includes personal fundraising page, digital bib, and a 1.975 Run medal. (Est. 85% tax deductible)	0 >	\$50.00		
	Registration includes Tier 1 items, a 1.975 Run t-shirt, and access to the LTA Foundation online run community. (Est. 75% tax deductible)	0 >	\$125.00		
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Step 6: Complete your fundraising page information. NOTE: Although you will be a part of the LTA National Team, you will want to direct donations/fundraising to your individual fundraising page to qualify for the fundraising swag! All donations to your individual page will contribute to the LTA National Team's overall fundraising goal.



Step 7: If you'd like, update your appeal on your fundraising page. Consider adding why you participate in the 1.975 Run and what you love about the LTA Foundation! This is optional, and you are more than welcome to keep the default message as well.



Step 8: Share your page on social! Start getting those donations rolling in!

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Step 9: Go to your dashboard. Once you complete the setup, it will take you to your dashboard, where you can download the fundraising toolkit, change settings for your account and access your team page by scrolling down.

